Volunteer Enrichment Weekly Activities

We understand that volunteering can be hardwork and during your visit you will need to recharge those batteries. We have a weekly schedule managed by the volunteer coordinator to add some fun and relaxation during your trip. Everything below is FREE except for the weekly tour on Thursday. The activities are always fun and help build a sense of community and friendship during your stay.

MONDAY: Yoga Class

STARTS AT 10:30 AM

NOTE: Hour yoga class with a professional certified instructor. We supply the mats you supply the good energy. NAMASTE!

TUESDAY: Quiz Night

STARTS AT 7:00 PM

NOTE: Pop culture and animal trivia questions on the 2nd floor of the main room. challenge other volunteers to see who knows the most and win some great prizes.

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WEDNESDAY: Night Walk

STARTS AT 7:00 PM

NOTE: Explore the forest surrounding the rescue center under the moonlight. get to see many of the nocturnal creatures indigenous to our country including different species of frogs.

THURSDAY: Adventure Tour

STARTS AT 7:00 AM

NOTE: Leave the rescue center after breakfast and spend the day in Jaco Beach, Monteverde or Arenal Volcano. tours can be purchased which include canopy, hanging bridges, horseback and hot springs. Please see our tour page for more details.

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FRIDAY: Restaurant Night

STARTS AT 7:00 PM

NOTE: After dinner head to a local restaurant/pub to enjoy some costa rican authentic nightlife. We provide safe transportation to/from the bar for everyone.

SATURDAY: Salsa Night

STARTS AT 7:00 PM

NOTE: Learn to dance salsa and other latin dances from a professional tica instructor. wear comfortable clothes and get ready to sweat and have fun.

SUNDAY: BBQ/Bonfire Night

STARTS AT 6:00 PM

NOTE: Get ready for Chef Oggy's bbq meat and vegetables for dinner on Sunday. afterwards enjoy marshmallows and good conversation by the bonfire to wrap up the week.

*The activities above do change throughtout the year. However, they a good representation of what to expect on a weekly basis during your stay.